



ANNUAL REPORT 2019

LETTER FROM THE EXECUTIVE DIRECTOR

Dear Friends...

It has been an incredible year for Community Action Agency of Siouxland. We are excited to share all of our positive news with you in this Annual Report. First, let me start by thanking the Board of Directors. Through their dedication and commitment to the Community Action Agency, we have been able to accomplish so many great things and helped more than 14,000 individuals change their lives.

One of our biggest accomplishments, I believe, was opening up seven new Early Head Start classrooms in four centers. Through this expansion we were able to add 56 new slots for children aged six weeks to three years. We were also able to create over 20 new positions for these classrooms. This expansion was made possible through a nationally competitive grant from the Administration for Children and Families. Community Action was one of three regional agencies to receive these funds in Iowa, Kansas, Nebraska and Missouri. Early childhood education is something that is desperately needed in this community. I want to take a moment to thank our early childhood staff for all their hard work to help children succeed in the classroom.

We know that we cannot do all of this alone. It truly takes the help of great partners and donors who invest their time and money to help our families as they work towards self-sufficiency. It is with your support that our agency can help those who need it most. By helping them succeed, we make this community stronger. We look forward to working with all of you again as we continue our work with individuals and families.

Sincerely,

Jean Logan
Executive Director



MISSION STATEMENT

Dedicated to building
partnerships, strengthening
families and alleviating the
conditions and causes of poverty.

2019 IMPACT

GENERAL ASSISTANCE

heating and water utilities,
burials, medical expenses,
work clothing, transportation,
rent, mortgage, and birth
certificates

748
individuals

TOTAL PEOPLE SERVED

14,326

FAMILY DEVELOPMENT

helping families
become self-
sufficient

73

families



WELCOME HOME

34 families

HEAD START/ EARLY HEAD START

575 children

CHILD/ADULT CARE FOOD PROGRAM

54 daycares were reimbursed

291,709 healthy meals & snacks

GEORGE J WILLIAMS MEMORIAL FOOD BANK

3,340 individuals



ENERGY ASSISTANCE

3,042



WEATHERIZATION

insulation, furnace, water
heater replacement

29

homes
weatherized

SENIOR EMPLOYMENT

59

seniors found
employment
and on-the-
job training

families received
help with heating
bills, furnace repair
& replacement, air
conditioners and
water heaters

COMMUNITY SERVICES

ANGEL CARS

A collaborative initiative that allows single working parents to be given a reliable vehicle, which has been donated and refurbished.

9 VEHICLES GIVEN AWAY

EMBRACE IOWA

The Des Moines Register receives donations from Iowans and the funds are used to help families with items such as working appliances, medical expenses, eyeglasses and car repairs.

101 INDIVIDUALS RECEIVED FUNDS

FAMILY DEVELOPMENT SELF-SUFFICIENCY (FaDSS)

With the help of trained specialists, this program is designed to help families become self-sufficient. Specialists work with families to identify and overcome barriers.

73 FAMILIES TOOK PART

GENERAL ASSISTANCE

Initiated in 2003 and funded by the Woodbury County Board of Supervisors, general assistance helps cover heating and water utilities, rent, burials, prescriptions, mortgage payments and bus tokens.

749 INDIVIDUALS SERVED

HOLIDAY HELP

Through generous donations from churches, businesses, schools and individuals we are able to provide gifts for children and holiday meals to families.

**695 CHILDREN RECEIVED GIFTS
89 FAMILIES RECEIVED MEALS**

SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)

This program helps low-income adults 55+ find employment. Participants serve their community and receive on-the-job-training through temporary paid assignments with local non-profit and government organizations. The goal is to help those in the program gain experience so they may find permanent employment. Counties served: Buena Vista, Ida, Cherokee, Lyon, Plymouth, Sioux and Woodbury.

59 INDIVIDUALS PARTICIPATED

WE CARE

This is an employee driven fund that helps families in the event of an emergency when there is no other program to help. WeCare gives staff an opportunity to make a difference for the families they serve.

15 FAMILIES BENEFITED FROM THIS FUND



HEALTH AND NUTRITION

CHILD AND ADULT CARE FOOD PROGRAM (CACFP)

Funding for CACFP comes from the U.S. Department of Agriculture. The money reimburses registered day care providers with nutritious meals and snacks. Providers also take part in regular nutrition education.

54 REGISTERED DAY CARES
291,709 MEALS & SNACKS REIMBURSED

CHILD CARE NURSE CONSULTANT

Our nurse consultant provides on-site consultation, training and support to child care businesses, both in-home and at centers, to promote safe and healthy environments.

81 BUSINESSES

GEORGE J. WILLIAMS MEMORIAL FOOD BANK

The five day-a-week food bank receives donations from generous groups and individuals in Siouxland. These donations are given to individuals and families in the community.

3,340 INDIVIDUALS RECEIVED FOOD

As a recipient of this local initiative, we are able to provide individuals and families with fresh produce. Up From the Earth encourages home gardeners to "grow an extra row" and then gathers and distributes the excess produce to those in need at existing food pantries.



"I do not know what we would have done if it was not for everyone at the Agency guiding and helping us along through some very difficult times in our lives."



"I didn't have anything until I came to Community Action. They helped me with the resources I needed to be successful."



HOUSING

ICARE

MidAmerican Energy matches 25 percent of customer donations. These donations are then used to pay for water heaters or to help with utilities.

120 INDIVIDUALS BENEFITED FROM THESE DONATIONS

LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)

The assistance is available to households at or below 175% of the federal poverty level and helps to pay a portion of a family's energy bills.

3,206 HOUSEHOLDS RECEIVED FUNDS



TENANT-BASED RENTAL ASSISTANCE (TBRA)

TBRA is a subsidized rental assistance program that serves individual households. A typical monthly rental allowance is 30% of the monthly adjusted family income.

15 HOUSEHOLDS RECEIVED HELP

WEATHERIZATION

This program helps to make homes more energy efficient by installing items such as insulation, furnace, water heater, refrigerators and freezers. Counties served include Woodbury and Monona.

29 HOMES WERE WEATHERIZED

WELCOME HOME

Welcome Home provides apartments for homeless families, on a short-term basis, who need a place to stay while they receive assistance in locating permanent housing, finding employment and other resources.

34 FAMILIES WERE GIVEN SHELTER

"Thanks to Welcome Home I now have a permanent residence. The help that I received here has truly changed my life."

CLIENT HOUSEHOLD CHARACTERISTICS FY 2019

14,326 CLIENTS SERVED

EDUCATION LEVELS

Grades 0-8	570
Grades 9-12/non-graduate	1354
High school graduate/ equivalency diploma	3121
12 grade + some post- secondary	1067
2 or 4 year college graduate	683
Graduate or other post- secondary school	16
Unknown/not reported	20

*Note: Number indicates individuals over the age of 25.

DISABLING CONDITION

Yes	3657
No	10248
Unknown	385

*Note: Number indicates individuals over the age of 18.

WORK STATUS

Employed	2720
Migrant Seasonal Farm Worker	1
Unemployed	4131
Retired	705

*Note: Number indicates individuals over the age of 18.

RACE

American Indian or Alaskan Native	1023
Asian	131
Black or African American	1632
Native Hawaiian or other Pacific Islander	163
White	10065
Other	91
Multi-race (two or more of the above)	1117
Unknown/not reported	104

LEVEL OF HOUSEHOLD INCOMES

Up to 50%	1875
51% to 75%	758
76% to 100%	836
101% to 125%	690
126% to 150%	508
151% to 175%	328
176% to 200%	75
201% to 250%	64
250% and over	37

*Note: Percentage of HHS Guideline. Number indicates number of households.

EARLY CHILDHOOD PROGRAMS

Mission: To promote school readiness for children and families through the provision of education, health, nutrition, mental health and family support services.

HEAD START/EARLY HEAD START

Community Action Agency of Siouxland has been administering the Head Start program since 1972. This center-based program serves children from age three until they are age-eligible to attend kindergarten. The funded enrollment for Head Start is 336. However, in fiscal year 2019, 437 children were served in the program. In 1999, Community Action Agency began the Early Head Start program and has a funded enrollment of 85. In fiscal year 2019, we served 138 children. Pregnant women and children from six weeks to age three are eligible for the center-based services.



ADDITIONAL EARLY CHILDHOOD PROGRAMS

In addition to the Head Start and Early Head Start programs, Community Action Agency operates several other state early childhood preschool programs. The Shared Visions program through the Iowa Department of Education funded three, 4 year-old classrooms serving 48 at-risk children. The Preschool Initiative program is operated in partnership with the Sioux City Community School District. It is part of Iowa's Statewide Voluntary Preschool Program for four-year-old children and is intended to increase the number of children participating in quality programs. The Preschool Initiative increased quality for 220 Head Start and Shared Visions four-year-olds by funding a state licensed teacher in 15 classrooms as well as extending the day to full days.

In addition to the Early Head Start program, Community Action Agency operates several other early childhood home visitation programs. The federal Maternal, Infant and Early Childhood Home Visitation (MIECHV) program funds 24 families served through the Parents as Teachers Home Visitation program. Siouxland Human Investment Partnership (Early Childhood Iowa) funds seven slots. The Iowa Department of Education funds a minimum of 11 children through a State Funded Early Head Start grant; however, we are currently serving 13 children.

MOST RECENT FEDERAL REVIEW

The Office of Head Start conducted an on-site CLASS® review from 10/02/2018-10/04/2018. Observations were conducted in 16 of the 19 Head Start classrooms using the Pre-K Classroom Assessment Scoring System (CLASS®). The CLASS® tool looks at three domains and ten dimensions of teacher-child interactions and measures those observed interactions on a seven point scale. Results have been shared with the governing board, policy council, management, staff and stakeholders.

DOMAIN	EMOTIONAL SUPPORT	CLASSROOM ORGANIZATION	INSTRUCTIONAL SUPPORT
SCORE	5.6641	5.5208	2.8646

DIMENSIONS	SCORE	DIMENSIONS	SCORE
POSITIVE CLIMATE	5.38	PRODUCTIVITY	5.72
NEGATIVE CLIMATE	1.16	INSTRUCTIONAL LEARNING FORMATS	5.25
TEACHER SENSITIVITY	5.34	CONCEPT DEVELOPMENT	2.28
REGARD FOR STUDENT PERSPECTIVES	5.09	QUALITY OF FEEDBACK	3.03
BEHAVIOR MANAGEMENT	5.59	LANGUAGE MODELING	3.28

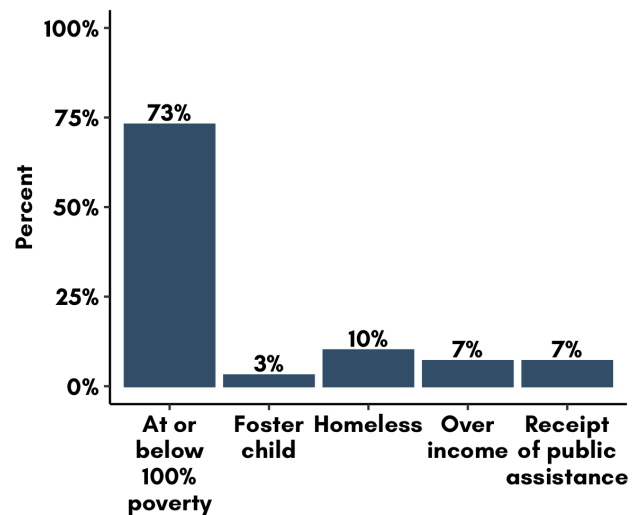
*Note: To calculate the Emotional Support domain, subtract the Negative Climate score from 8, add the Positive Climate, Teacher Sensitivity, and Regard for Student Perspective scores, then divide by 4.

Average monthly enrollment as a percentage of funded enrollment:

	SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG
EHS	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
HS	100%	100%	100%	100%	100%	100%	100%	100%	100%	N/A	N/A	N/A

	Funded enrollment slots	Total children of pregnant women served	Total number of families served	% of eligible children served
Early Head Start	85	138	97	47%
Head Start	336	377	346	64%
Shared Visions	48	60	59	5%
MIECHV	24	34	34	16%
State EHS	13	20	15	30%
ECI - SHIP	7	10	9	18%

Type of Eligibility



Cumulative n = 504 HST/EHS children only

SCHOOL READINESS

The program's approach to school readiness means that children are ready for school, families are ready to support their children's learning, and schools are ready for children. The program begins to prepare children for kindergarten from the moment a child is enrolled in the program by enhancing the social and cognitive development of children through the provision of education, health, nutritional, social and emotional services. Home Visitors implement Parents as Teachers curriculum to deliver services that emphasize parent-child interaction, development-centered parenting, and family well-being all within the home environment. Classroom teachers implement the High/Scope curriculum which promotes school readiness throughout the eight content areas of approaches to learning, social/emotional development, physical development and health, language, literacy and communication, mathematics, creative arts, science and technology, and social studies. Children are seen as active learners, supported and challenged by adults. As children pursue their choices and plans, they explore, ask and answer questions, solve problems, and interact with classmates and adults. In addition, children engage in both large and small group activities, socialize during meals, develop self-care skills, and exercise large muscles during outdoor time.

Every year the program transitions a large number of children to kindergarten by working with both families and school districts to ensure a successful transition by:

- Conducting two parent-teacher conferences and two home visits throughout the year;
- Providing information to parents about their child's kindergarten placement, including information on registration/enrollment dates and times;
- Delivery of a transition packet for parents with information about summer learning opportunities, school readiness activities, and the transition book, *Oscar Goes to Kindergarten*;
- The provision of classroom transitioning activities conducted in the spring, such as cafeteria style serving, reading stories about kindergarten, and visiting a nearby kindergarten classroom if applicable;
- Forwarding a transition form and child records to the receiving school district.

Our program has 7 school readiness goals that have been designed to be broad, measurable statements of children's knowledge and skills they should possess as they progress towards kindergarten readiness. The goals align with the Iowa Early Learning Standards, Teaching Strategies GOLD® and Head Start Early Learning Outcomes Framework.

Approaches to Learning

- 1.Children will develop and demonstrate positive approaches to learning

Social and Emotional Development

- 2.Children will develop and engage in positive relationships with adults and other children.
- 3.Children will manage feelings and behaviors.

Language and Literacy

- 4.Children will understand and use language.
- 5.Children will increase literacy skills, including emergent.

Cognition

- 6.Children will increase math skills, including emergent.

Perceptual, Motor, and Physical Development

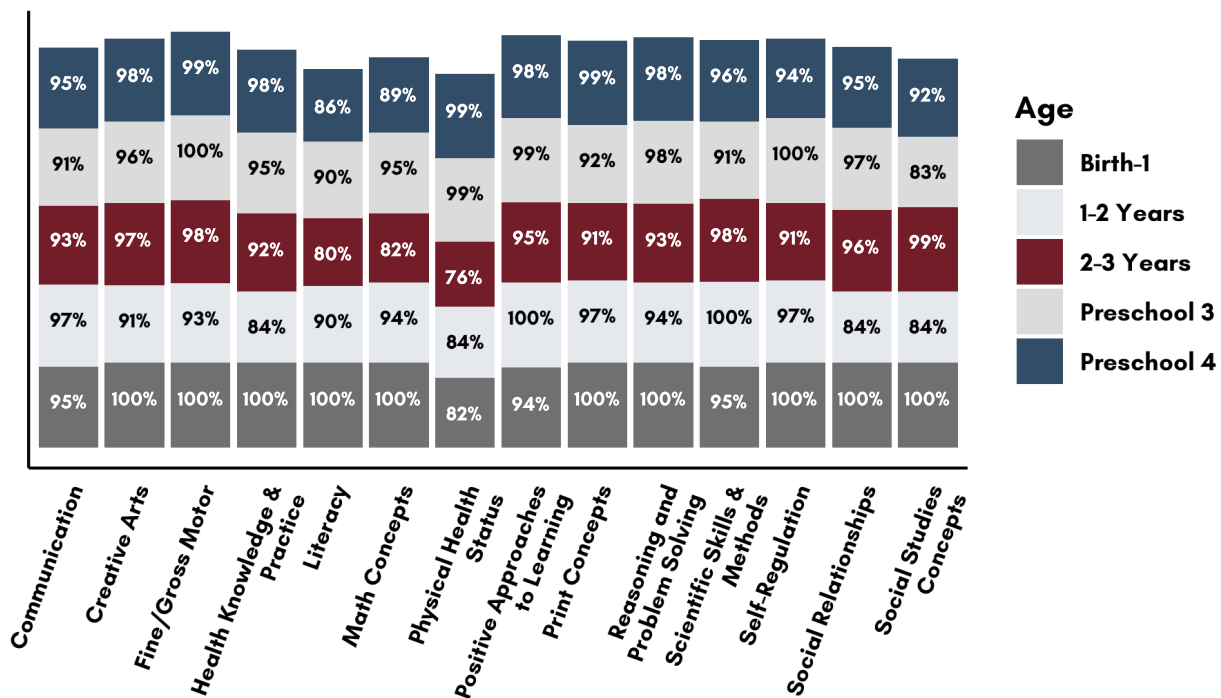
- 7.Children will develop motor skills.



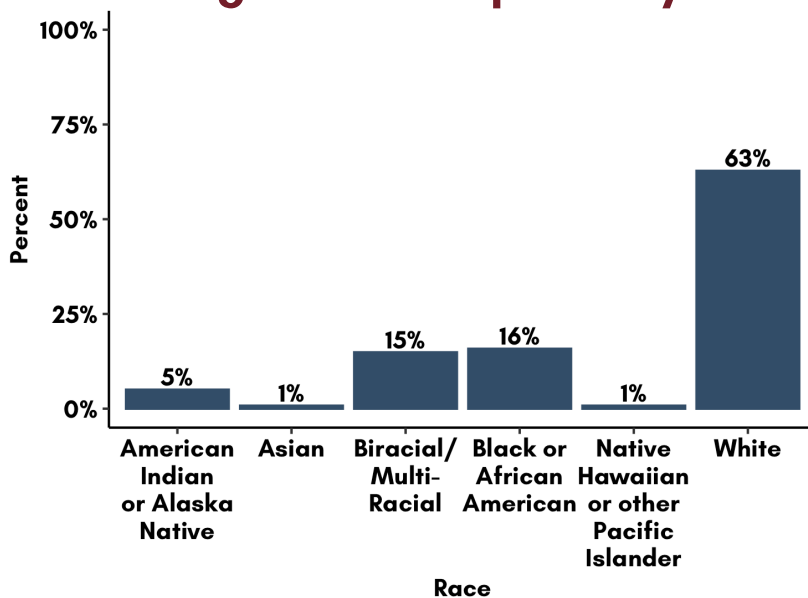
CHILD OUTCOMES

The programs use Teaching Strategies GOLD ® for individual child assessment and to monitor the percentage of children that meet school readiness program expectations. This tool tracks child progress in measurable areas of growth and development three times per year. Progress is monitored by staff and parents in order to make informed decisions on goals and individualization that will help each child as they work towards school readiness.

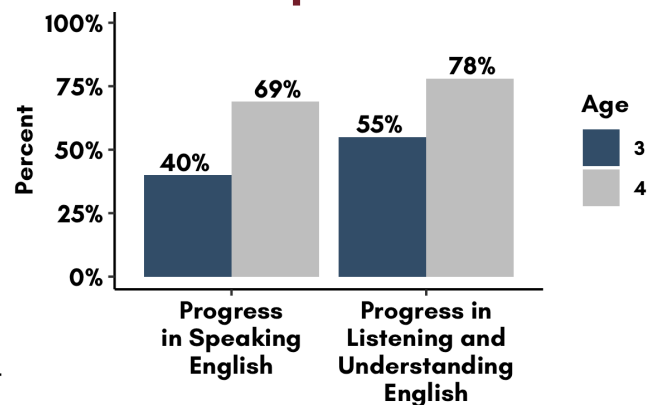
2018-2019 School Readiness Outcomes



Program Participants by Race



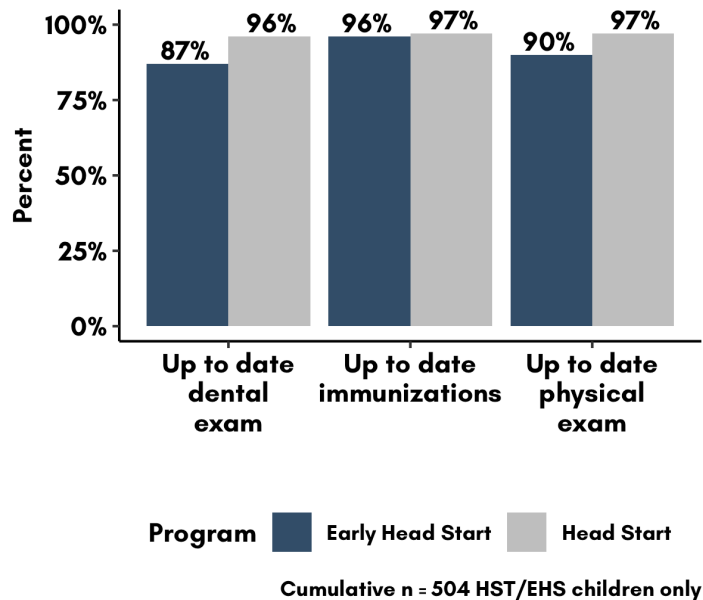
English Language Acquisition



HEALTH SERVICES

SERVICES TO PREGNANT WOMEN (11 SERVED)	# OF WOMEN
PRENATAL HEALTH CARE	11
POSTPARTUM HEALTH CARE	7
MENTAL HEALTH INTERVENTIONS	0
SUBSTANCE ABUSE PREVENTION	11
SUBSTANCE ABUSE TREATMENT	0
PRENATAL EDUCATION ON FETAL DEVELOPMENT	11
INFORMATION ON BENEFITS OF BREASTFEEDING	11

Head Start Children Using Preventative Health Services



Head Start and Early Head Start promotes preventative health services and early intervention to pregnant women and children. Well-child exams, immunizations, dental exams, blood lead and hemoglobin testing and tuberculosis skin test, if a risk is present, are conducted according to Iowa's Early and Periodic, Diagnostic and Treatment (EPSDT) standards.

FAMILY SERVICES

Parent and family engagement in Head Start/Early Head Start focuses on building positive relationships with families that support family well-being, strong relations between parents and their children, and ongoing learning and development for both parents and children. Throughout the year parents have had an opportunity to engage in the following activities:

- Parent Meetings
- Policy Council
- Parent Orientation
- Health and Dental Fairs
- Health Services Advisory Committee
- Parent trainings and conferences
- Home visitation socializations
- Positive Behavioral Interventions and Supports
- Monthly School Readiness Activities
- Family Goal Setting
- Volunteering
- Parent/Teacher Conferences
- Home Visits
- Family Book Club
- Assistance with GED or ESL classes
- Week of the Young Child

HEAD START AND EARLY HEAD START BUDGET INFORMATION

	HEAD START		EARLY HEAD START	
Grant Expenditures	Budget	Expenditures	Budget	Expenditures
Personnel	\$1,538,394.00	\$1,476,858.97	\$387,458.00	\$364,944.67
Fringe Benefits	\$517,152.00	\$487,091.75	\$159,422.00	\$150,074.14
Travel	\$4,939.00	\$6,095.20	\$8,189.00	\$11,218.82
Equipment				\$5,655.00
Supplies	\$37,462.00	\$58,422.49	\$13,339.00	\$27,470.91
Other	\$250,824.00	\$349,795.06	\$90,290.00	\$105,259.97
Indirect Costs	\$382,331.00	\$352,838.53	\$101,719.00	\$95,793.49
Grant Totals	\$2,731,102.00	\$2,731,102.00	\$760,417.00	\$760,417.00
Grant Non-Federal Match	\$682,776.00	\$682,776.00	\$190,104.00	\$190,104.00
CACFP Reimbursements	\$263,124.08	\$263,124.08		
CSBG Co-funded Expenditures				
Total Program Expenditures	\$3,677,002.08	\$3,677,002.08	\$950,521.00	\$950,521.00

EARLY HEAD START EXPANSION		
Grant Expenditures	Budget	Expenditures
Personnel	\$685,610.00	\$396,745.09
Fringe Benefits	\$303,913.00	\$139,526.78
Travel	\$6,066.00	\$6,858.16
Equipment	\$39,290.00	\$38,183.00
Supplies	\$135,773.00	\$300,021.42
Contractual	\$8,000.00	\$8,000.00
Other	\$288,163.00	\$256,266.27
Indirect Costs	\$184,987.00	\$99,746.57
Grant Totals	\$1,651,802.00	\$1,245,347.29
Grant Non-Federal Match	\$334,366.00	\$46,473.38
CACFP Reimbursements	\$25,200.99	\$25,200.99
CSBG Co-funded Expenditures		
Total Program Expenditures	\$2,011,368.99	\$1,317,021.66

REVENUE BY SOURCE

US DEPARTMENT OF HEALTH & HUMAN SERVICES	\$3,437,056.00
US DEPARTMENT OF AGRICULTURE	\$263,124.08
SIOUX CITY SCHOOL DISTRICT - PRESCHOOL INITIATIVE	\$669,296.64
VOLUNTEERS AND DONATIONS	\$359,388.79
TOTAL PROGRAM REVENUE	\$4,728,865.51

Note 1 - Budget/Award period for Fiscal Year 2019 is March 1, 2019 - February 29, 2020

Note 2 - Head Start and Early Head Start budget and expenditures include Training & Technical Assistance amounts of \$33,641 for Head Start and \$17,087 for Early Head Start.

FINANCIAL REPORT

ASSETS

CURRENT ASSETS

Cash and cash equivalents	\$ 810,615
Accounts receivable	40,294
Grants receivable	1,065,115
Prepaid expenses	29,500
Certificates of deposit	<u>972,186</u>
Total current assets	<u>\$ 2,917,710</u>

CAPITAL ASSETS

Property and equipment, at cost	\$ 1,848,736
Less accumulated depreciation	<u>(1,173,335)</u>
Total capital assets	<u>\$ 675,401</u>

OTHER ASSETS

Restricted cash	<u>\$ 677,627</u>
Total assets	<u>\$ 4,270,738</u>

LIABILITIES AND NET ASSETS

CURRENT LIABILITIES

Accounts payable	\$ 399,815
Wages payable	205,608
Payroll taxes and benefits payable	46,225
Compensated absences	126,765
Advance from grantors	<u>61,539</u>
Total current liabilities	<u>\$ 839,952</u>

NET ASSETS

Without donor restrictions	
Undesignated	\$ 956,506
Board designated	1,939,669
With donor restrictions	<u>534,611</u>
Total net assets	<u>\$ 3,430,786</u>
Total liabilities and net assets	<u>\$ 4,270,738</u>

2019 BOARD OF DIRECTORS

The Community Action Agency of Siouxland is governed by a local board of directors, consisting of a tripartite board with equal representation from public, private, and low-income sectors. Utilizing their personal ideas and experiences, board members provide quality oversight for the agency. The board is a caring group of concerned citizens that believe in the agency's mission, serving a crucial role in its success.

ELECTED REPRESENTATIVES:

District 1: Tina Young
District 2: Erika Fuentes
District 3: Pastor Catie Newman
District 4: Char Hesse
District 5: Ann Uhl
Homeless: Tito Parker, Chair
Head Start: Erica Brown

REPRESENTATIVES OF PUBLIC OFFICIALS:

Early Childhood: Sally Hartley
Health: Heidi Nelson
SW Rural: Mark Monson
Financial: Shelly Sorensen
NE Rural: Rocky DeWitt
Welfare: Rachelle Green
Community Development: Ron Engle

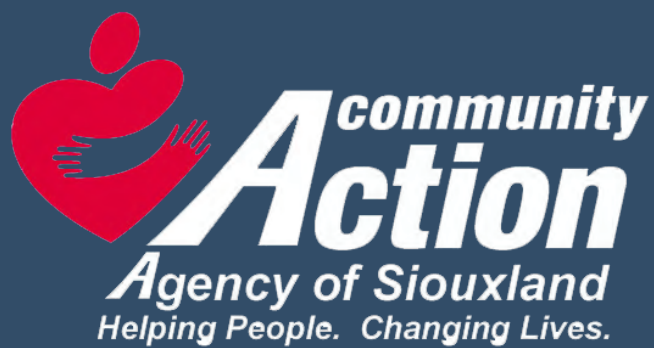
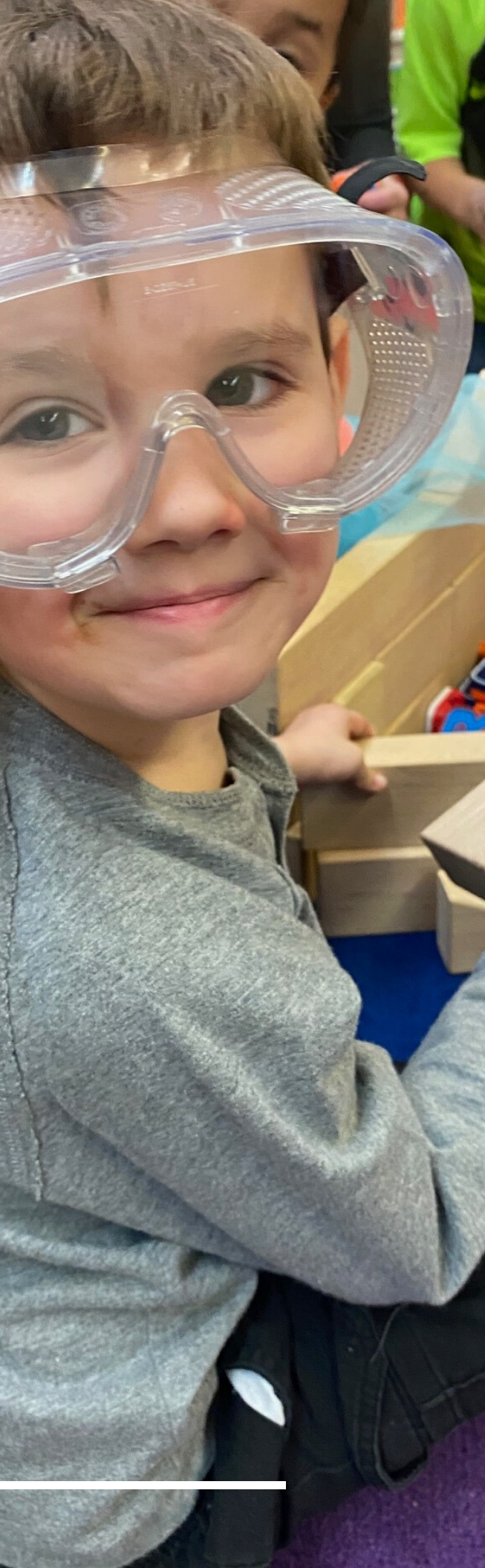
REPRESENTATIVES OF PRIVATE INTEREST GROUPS:

Labor: Harlan Salvatori, Treasurer
Religion: Pastor Sheryl Ashley
Legal Counsel: David Dawson
Business: Dr. Robert Dunker, Secretary
Native American: Marisa Cummings
African American: Coretta Mitchell
Latino/Lantina: Norma DeLaO

LEADERSHIP

Jean Logan, Executive Director
Andy Brown, Fiscal Officer
Scot Orban, Human Resources Director
Kim Wilson, Chief Development Officer
Rachael Ostermyer, Early Childhood Program Director
LaRae Lyons, Community Services Director
Antoinette Green, Assistant Community Services Director
Joe Miller, Weatherization/Infrastructure Director
Tammy Herbert, CACFP/SCSEP Program Director
Caroline Gomez, Executive Secretary





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**COMMUNITY ACTION
AGENCY OF SIOUXLAND**



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This report is for the fiscal year that ended September 30, 2019. Unless otherwise noted, service totals, statistics, and outcomes are for the period October 1, 2018 through September 30, 2019.