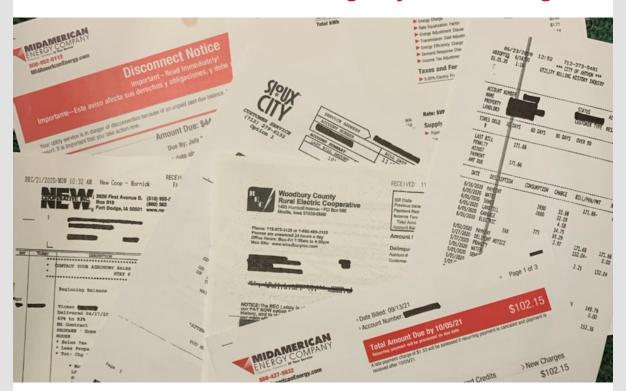
LIHEAP Season Ends - Emergency Services Begin!



Our Low-Income Home Energy Assistance Program (LIHEAP) has closed. The LIHEAP Season runs from October 1st to April 30th and helps families with winter heating costs. This past season, we were able to assist 3,231 households with their energy bills. This totals a little over \$2 million in assistance used to prevent families from disconnection.

Though LIHEAP has ended, eligible households may still apply for assistance through our various crisis assistance programs. Our Energy Crisis Intervention Program (ECIP) and our Low Income Home Water Assistance Program (LIHWAP), are designed to help families that are at threat of disconnection. To learn more about these programs please click here.

It's Starting to Heat Up!



As the weather gets warmer so does the temperature in our homes. As part of our Energy Crisis Intervention Program (ECIP), we are providing air conditioners to eligible households this summer to combat the heat. To qualify for a new window air conditioning unit, households must meet the following qualifications:

- They did not receive an air conditioner from this program in the past fiscal year.
- The household meets the federal income guidelines (below 200% poverty level).
- Someone in the household has a medical condition that is worsened by the heat.
- They do not have central air conditioning.
- If renting, they must have a signed letter of permission from their landlord.
- If they own the home, we must have proof of home ownership.

If the applicant meets all of the above criteria, but owns a home with central air conditioning that is not working properly, they may apply for funding to help with a repair.

Healthy Eating With CACFP!



Our Child and Adult Food Program (CACFP) provides reimbursements for healthy meals and snacks to eligible children and adults who attend participating day care homes, child care centers, or adult day cares. In order for providers to receive this reimbursement, they must serve nutritious meals and snacks that meet program guidelines. These meals and snacks include a greater variety of vegetables and fruits, more whole grains, and less sugar.

As a CACFP Sponsor, our agency provides training to the day care providers who participate in the areas of nutrition, food safety and sanitation, and proper documentation. During on-site home reviews with the providers, our CACFP Director, Julie, gets to do fun activities with the children to encourage healthy eating habits and being active.

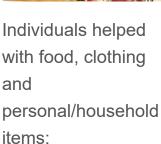
"That is the best part of what I do." Julie stated, "Nurturing a desire in young children to want to eat and be healthy. CACFP ensures that at least for the part of the day they are in the child day care home, children are being surrounded with healthy choices."

If you are or know of an in-home daycare provider living in Cherokee, Ida, Plymouth and Woodbury Counties contact Julie at 712-274-1610 ext. 212 to learn more!

How We Are Helping Others...

Here is how many people we have helped since October 1, 2021.





2,416



Individuals served during FY2021:

12,377



Number of children currently enrolled in our Early Childhood Programs

460

To ensure everyone's safety, we ask that you stay home if you are feeling ill or have tested positive for COVID-19. You can call our agency at 712-274-1610 to apply for assistance over the phone.





Our Contact Information

- *{{Organization Name}}*
- *{{Organization Address}}*
- *{{Organization Phone}}*
- *{{Organization Website}}*
- *{{Unsubscribe}}*